

Please read the instructions printed at the end of this form. **One** of these sheets, suitably completed, should be attached to the assessed work of **each** candidate.

Unit Title	Developing knowledge and skills in outdoor activities	Unit Code	R056	Session		Year			
Centre Name					Centre Number				
Candidate Name					Candidate Number				
Criteria				Teacher Comments		Mark	Page No.		
LO1: Know about different types of outdoor activities and their provision									
MB1: 1 - 3 marks		MB2: 4 - 6 marks		MB3: 7 - 9 marks					
Definition of outdoor activities is limited . Some different outdoor activities are briefly described with a few examples given. Outlines the provision of outdoor activities in the UK using few examples.		Definition of outdoor activities is accurate with some detail . A range of outdoor activities are described in detail with mostly relevant examples given for each . Describes the provision of outdoor activities in the UK using a range of examples.		Definition of outdoor activities is accurate and detailed . A wide range of outdoor activities are described in detail with clear and relevant examples given for each . Comprehensively describes the provision of outdoor activities in the UK using a wide range of examples.					
[1 2 3]		[4 5 6]		[7 8 9]					

Criteria			Teacher Comments	Mark	Page No.
LO2: Understand the value of participating in outdoor activities					
MB1: 1 - 3 marks	MB2: 4 - 6 marks	MB3: 7 - 9 marks			
<p>Outlines a few of the general benefits of participating in outdoor activities.</p> <p>Identifies some of the skills which can be developed by participating in outdoor activities. Outlines how a few of these skills are developed, providing limited reasons as to why they are of value to the individual.</p> <p style="text-align: right;">[1 2 3]</p>	<p>Describes some of the general benefits of participating in outdoor activities in some detail.</p> <p>Describes most of the skills which can be developed by participating in outdoor activities and how they are developed, providing a range of reasons as to why they are of value to the individual.</p> <p style="text-align: right;">[4 5 6]</p>	<p>Describes most of the general benefits of participating in outdoor activities in detail.</p> <p>Explains most of the skills which can be developed by participating in outdoor activities and how they are developed, providing a wide range of reasons as to why they are of value to the individual.</p> <p style="text-align: right;">[7 8 9]</p>			
LO3: Be able to plan an outdoor activity					
MB1: 1 - 4 marks	MB2: 5 - 8 marks	MB3: 9 - 12 marks			
<p>Produces a basic plan which considers limited requirements for an effective and safe outdoor activity session with some prompting from the teacher.</p> <p>Draws upon limited skills/knowledge/understanding from other units in the specification.</p> <p style="text-align: right;">[1 2 3 4]</p>	<p>Produces an appropriate and detailed plan which considers many of the requirements for an effective and safe outdoor activity session with little prompting from the teacher.</p> <p>Draws upon some relevant skills/knowledge/understanding from other units in the specification.</p> <p style="text-align: right;">[5 6 7 8]</p>	<p>Produces an appropriate and comprehensive plan which covers most of the requirements for an effective and safe outdoor activity session independently.</p> <p>Clearly draws upon relevant skills/knowledge/understanding from other units in the specification.</p> <p style="text-align: right;">[9 10 11 12]</p>			
MB1: 1 - 3 marks	MB2: 4 - 6 marks	MB3: 7 - 9 marks			
<p>Shows a limited awareness of safety considerations and emergency procedures related to the activity and equipment to be used. Gives little consideration to the environment the activity will take place in and the personnel used.</p> <p style="text-align: right;">[1 2 3]</p>	<p>Shows some understanding of safety considerations, and emergency procedures related to the activity and equipment to be used. Gives some consideration to the environment the activity will take place in and the personnel used.</p> <p style="text-align: right;">[4 5 6]</p>	<p>Shows well developed understanding of safety considerations, and emergency procedures related to the activity and the equipment to be used. Gives clear and appropriate consideration to the environment the activity will take place in and the personnel used.</p> <p style="text-align: right;">[7 8 9]</p>			

Criteria				Teacher Comments	Mark	Page No.
LO4: Be able to demonstrate knowledge and skills during outdoor activities						
MB1: 1 - 4 marks		MB2: 5 - 8 marks				
Demonstrates a limited range of relevant skills and knowledge during outdoor activities. <p style="text-align: right;">[1 2 3 4]</p>		Demonstrates a range of relevant skills and knowledge during outdoor activities. <p style="text-align: right;">[5 6 7 8]</p>		Confidently demonstrates a wide range of well developed , relevant skills and knowledge during outdoor activities. <p style="text-align: right;">[9 10 11 12]</p>		
MB1: 1 - 3 marks		MB2: 4 - 6 marks				
Cares for and uses equipment in a limited manner and needs some prompting from the activity leader to follow safe practice. <p style="text-align: right;">[1 2 3]</p>		Cares for and uses equipment in a competent manner and needs little prompting from the activity leader to follow safe practice. <p style="text-align: right;">[4 5 6]</p>		Cares for and uses equipment in an effective manner and follows safe practice independently . <p style="text-align: right;">[7 8 9]</p>		
Total/60						
If this is a re-sit, please tick		Session and Year of previous submission		Please tick to indicate this work has been standardised internally		

Please note: This form may be updated on an annual basis. The current version of this form will be available on the OCR website (www.ocr.org.uk).

Guidance on Completion of this Form

- 1 **One** sheet should be used for each candidate.
- 2 Please ensure that the appropriate boxes at the top of the form are completed.
- 3 Please enter *specific* page numbers where evidence can be found in the portfolio, and where possible, indicate to which part of the text in the mark band the evidence relates.
- 4 Circle the mark awarded for each strand of the marking criteria in the appropriate box and also enter the circled mark in the final column.
- 5 Add the marks for the strands together to give a total out of 60. Enter this total in the relevant box.