

OCR Level 3 Cambridge Technical Certificate in Sport (600/6140/6)

About this qualification

This is an Applied General qualification that is designed for learners aged 16-19 who want to study sport where they can learn and be assessed in ways that are practical and relevant to the sport and recreation industry. It is designed to give learners the transferable knowledge and skills to progress to higher education or further study.

What skills and knowledge will be covered?

Learners will cover four units, or topics: the principles of anatomy and physiology in sport; sports coaching; current issues in sport and the physiology of fitness.

This qualification is not just about being able to play sport. It enables the learner to demonstrate their understanding of sport within the wider contexts of coaching, anatomy and physiology, the effects of exercise on the body and current issues including cultural barriers to participating in sport. It will also enable learners to develop other desirable skills such as planning, leading a group, primary research and communication.

Where could this qualification lead to?

1. A Higher Education course. Learners could:
 - a. choose to undertake a sport-related degree from options including Physical Education, Sports Development, Sports Management or Sports Science.
 - b. choose from non-sport-related degree programmes. This qualification has between 20-70 UCAS points - depending on the grade awarded – so it would be accepted by universities as meeting requirements for entry to a range of degree programmes.
2. An Active Leisure Apprenticeship.
3. It might also provide entry to employment in some sport and recreation related careers, for example a Recreation Assistant. (Some careers in sport and recreation require specific qualifications known as a 'licence to practise'. This qualification is not a licence to practise.)