

Health and Social Care (Single/Double Award)

OCR GCSE J406/J412 Unit A913 Promoting Health and Well-being 2017 - 2018 Unit Recording Sheet

Please read the instruction	ns printed at the en	d of this form. One of these sheets, suitably com	pleted, should be attached to	the assessed wo	rk of each candid	late.				•
Unit Title Promotin	ng Health and	Well-being	Unit Code	A913	Session	June	Year	2	0	
Centre Name					l	Centre Num	ber			
Candidate Name					Candidate Number					
Task One: Preparation Teacher Comments				its	Ma	rk	Page No.			
	Identify	the person on which the investigation will be	e based.							
MB1: 0 - 3 MB2:		MB2: 4 - 6	MB3: 7 -	8						
A plan/checklist is produced for the investigation; aims and objectives show limited understanding of the purpose of the investigation.		A detailed plan/checklist is produced for the investigation; aims and objectives show understanding of the purpose of the investigation.	A comprehensive plan/c produced for the investig and objectives show tho understanding of the pur investigation.	ation; aims rough						
Evidence of limited plant information to be used, i primary sources and/or s which will have limited re context of the investigati	ncludes some secondary data elevance to the	Evidence of some planning of the information to be used, includes primary sources and secondary data which will be mostly relevant to the context of the investigation.	Evidence of comprehens the information to be use primary sources and sec which will be relevant to the investigation.	ed, includes condary data						
	[0 1 2 3]	[4 5 6]		[7 8]						

Task Two: What is health?			Teacher Comments	Mark	Page No.
MB1: 0 - 3	MB2: 4 - 6	MB3: 7 - 8			
Limited research to assess the individual's current state of physical, intellectual, emotional and social health, and the individual's understanding of their own health.	Detailed research to assess the individual's current state of physical, intellectual, emotional and social health, and the individual's understanding of their own health.	Comprehensive research to assess the individual's current state of physical, intellectual, emotional and social health, and the individual's understanding of their own health.			
A basic analysis of how ideas about health and well-being have changed over time.	A detailed analysis of how ideas about health and well-being have changed over time.	A comprehensive analysis of how ideas about health and well-being have changed over time.			
A basic description of how different cultures have different ideas about health and well-being.	A detailed description of how different cultures have different ideas about health and well-being.	A thorough description of how different cultures have different ideas about health and well-being.			
[0 1 2 3]	[4 5 6]	[7 8]			
Task Three: Analysis of Health			Teacher Comments	Mark	Page No.
MB1: 0 - 2	MB2: 3 - 5	MB3: 6 - 8			
Accurately calculate two physical measures of health; limited interpretation of the results is evident.	Accurately calculate two physical measures of health; detailed interpretation of the results is evident.	Accurately calculate two physical measures of health; comprehensive interpretation of the results is evident.			
A basic analysis of the chosen individual's health that makes limited reference to the information gathered in Tasks 2 and 3.	A detailed analysis of the chosen individual's health that makes detailed reference to the information gathered in Tasks 2 and 3.	A comprehensive analysis of the chosen individual's health that makes significant reference to the information gathered in Tasks 2 and 3.			
[0 1 2]	[3 4 5]	[6 7 8]			

Task Four: Factors that affect development			Teacher Comments	Mark	Page No.
MB1: 0 - 4	MB2: 5 - 8	MB3: 9 - 12			
A basic description of factors that have positively influenced and contributed to the individual's development.	A detailed description of factors that have positively influenced and contributed to the individual's development.	A thorough description of factors that have positively influenced and contributed to the individual's development.			
A limited analysis of how the risks may damage the health of the individual in the short and long term and impact on the wider society.	A detailed analysis of how the risks may damage the health of the individual in the short and long term and impact on the wider society.	A comprehensive analysis of how the risks may damage the health of the individual in the short and long term and impact on the wider society.			
A basic explanation how crime/economic factors could affect the health & well-being of individual.	A detailed explanation how crime/economic factors could the affect health & well-being of individual.	A comprehensive explanation how crime/economic factors could affect the health & well-being of individual.			
[0 1 2 3 4]	[5 6 7 8]	[9 10 11 12]			
Task Five: Personalised health plan (PHP)			Teacher Comments	Mark	Page No.
MB1: 0 - 4	MB2: 5 - 8	MB3: 9 - 12			
A basic explanation of why physical assessment and target setting is an important part of the PHP.	A detailed explanation of why physical assessment and target setting is an important part of the PHP.	A thorough explanation of why physical assessment and target setting is an important part of the PHP.			
A basic PHP that the individual could use to maintain and/or improve their health; it may be partially realistic.	A detailed PHP that the individual could use to maintain and/or improve their health; it will be realistic.	A realistic and comprehensive PHP that the individual could use to maintain and/or improve their health.			
Limited evaluation of two types of health promotion material.	Detailed evaluation of two types of health promotion material.	Comprehensive evaluation of two types of health promotion material.			
[0 1 2 3 4]	[5 6 7 8]	[9 10 11 12]			

Task Six: Conclusions			Teacher Comments	Mark	Pa N
MB1: 0 - 4	MB2: 5 - 8	MB3: 9 - 12			
Draws limited conclusions about the physical, intellectual, emotional and social effects the PHP may have on the chosen individual.	Draws realistic conclusions about the physical, intellectual, emotional and social effects the PHP may have on the chosen individual.	Draws realistic and comprehensive conclusions about the physical, intellectual, emotional and social effects the PHP may have on the chosen individual.			
A limited description of the difficulties that may be encountered by the individual following and/or achieving the PHP.	A detailed description of the difficulties that may be encountered by the individual following and/or achieving the PHP.	A thorough description of the difficulties that may be encountered by the individual following and achieving the PHP.			
A basic evaluation of the effectiveness of the investigation; the aims and objectives are referred to.	A detailed evaluation of the effectiveness of the investigation; the aims and objectives are referred to, with some attempt to use these as a measuring tool.	A comprehensive evaluation of the effectiveness of the investigation; the aims and objectives are used as a measuring tool.			
Recommendations for future investigations are limited and show basic understanding of their own performance.	Recommendations for future investigations are detailed and show some understanding of their own performance.	Recommendations for future investigations are comprehensive and show detailed understanding of their own performance.			
A basic bibliography will be included.	A detailed bibliography will be included which reflects sources of information referred to in the body of the evidence.	The bibliography will be comprehensive and reflect sources of information referred to throughout the body of the evidence. Candidates will comment on how they used the source and how useful that source was.			
[0 1 2 3 4]	[5 6 7 8]	[9 10 11 12]			
			Total/		
If this is a re-sit, please tick	ssion and Year of previous submission Jan /	June 2 0 Please tick to it	ndicate this work has been standardised internall	у	

Please note: This form may be updated on an annual basis. The current version of this form will be available on the OCR website (www.ocr.org.uk).

Guidance on Completion of this Form

- One sheet should be used for each candidate.
- 2 Please ensure that the appropriate boxes at the top of the form are completed.
- Please enter specific page numbers where evidence can be found in the portfolio, and where possible, indicate to which part of the text in the mark band the evidence relates.
- 4 Circle the mark awarded for each strand of the marking criteria in the appropriate box and also enter the circled mark in the final column.
- 5 Add the marks for the strands together to give a total out of 60. Enter this total in the relevant box.