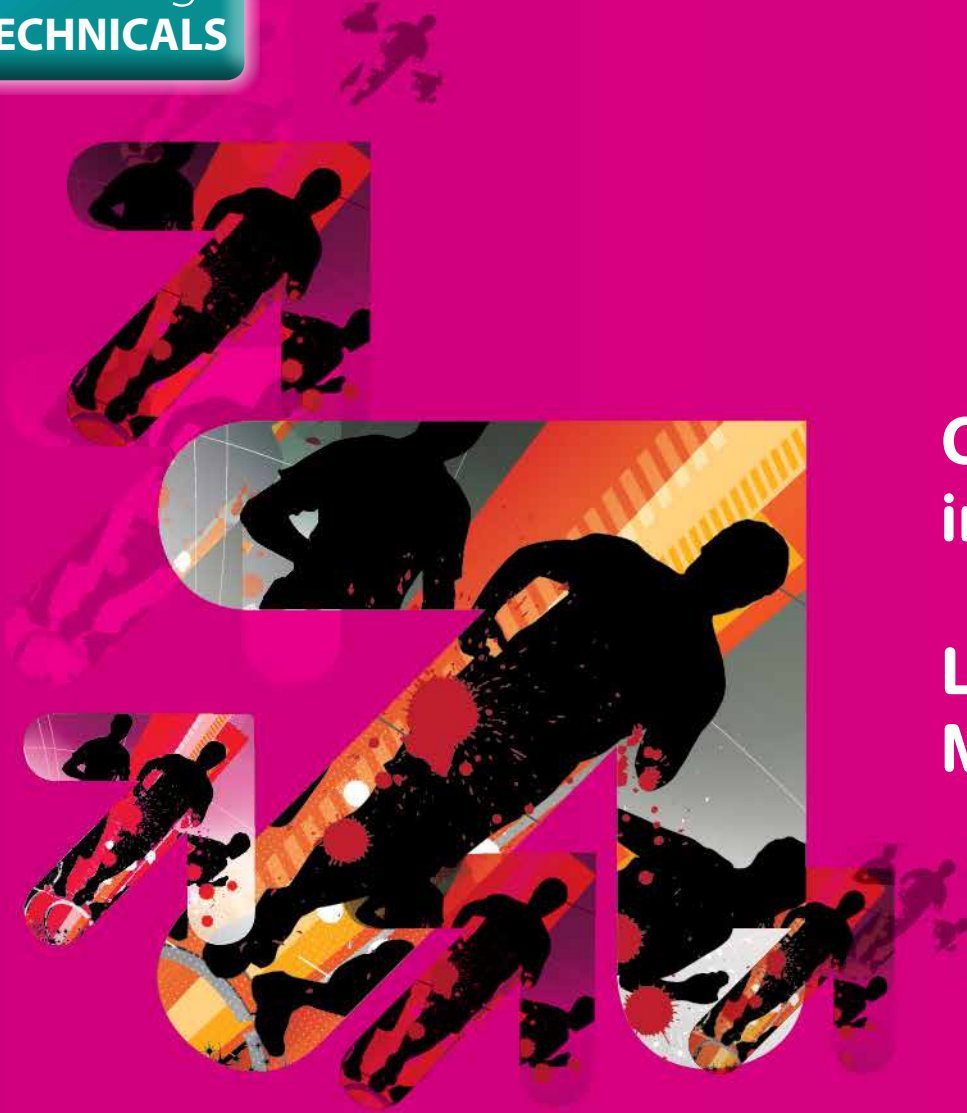




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# Cambridge Technicals in Sport

## Level 2 and Level 3 Mapping Guide



## LEVEL 2

Unit No.	Unit name	Qualification(s)	Key Stage 5 initiative(s)
1	<b>Practical Sport</b>	Level 2 Award/Certificate/Diploma in Work Preparation for Leisure and Tourism	
		Level 2 Certificate/Diploma in Work Preparation	
		Level 2 Award/Certificate/Diploma in Sport	
		Level 2 Award/Certificate/Diploma/Extended Diploma in Skills for Sport and Active Leisure	
2	<b>Anatomy and Physiology for Sport</b>	Level 2 Certificate in Fitness Instructing	
		Level 2 Diploma in Active Leisure	
		Level 2 Diploma in Health and Fitness	
		Level 2 Certificate/Diploma in Sport	
		Level 2 NVQ Diploma in Instructing Exercise and Fitness	
3	<b>Fitness Testing and Training</b>	Level 2 Award/Certificate/Diploma/Extended Diploma in Skills for Sport and Active Leisure	
		Level 2 Award/Certificate/Diploma in Sport	
4	<b>Nutrition for Sports Performance</b>	Level 2 Certificate/Diploma/Extended Certificate in Skills for Sports and Active Leisure	
		Level 2 Diploma in Exercise, Health and Fitness Studies	
		Level 2 Award/Certificate/Diploma in Skills for Further Learning and Employment	
5	<b>Development of Personal Fitness</b>	Level 2 Award/Certificate/Diploma/Extended Diploma in Skills for Sport and Active Leisure	
		Level 2 Certificate/Diploma in Sport	
		Level 2 Award in Exercise and Fitness Instruction	
		Level 2 Award/Certificate/Diploma in Progression	
		Level 2 Award/Certificate/Diploma in Skills in Employment and Further Learning	
6	<b>Lifestyle and the Sports Performer</b>	Level 2 Certificate/Diploma in Sport	
7	<b>Effects of Exercise on the Body Systems</b>	Level 2 Award/Certificate/Diploma/Extended Diploma in Skills for Sport and Active Leisure	
		Level 2 Award/Certificate/Diploma in Work Preparation for Leisure, Travel and Tourism	



# CAMBRIDGE TECHNICALS IN SPORT

## LEVEL 2 AND LEVEL 3

### MAPPING GUIDE



## LEVEL 2

Unit No.	Unit name	Qualification(s)	Key Stage 5 initiative(s)
8	<b>Injury in Sport</b>	Level 2 Certificate in Fitness Instructing	
		Level 2 Diploma in Active Leisure	
		Level 2 Diploma in Health and Fitness	
		Level 2 Diploma in Exercise, Health and Fitness Studies	
		Level 2 Certificate/Diploma/Extended Certificate in Skills for Sport and Active Leisure	
		Level 2 Certificate/Diploma in Sport/Sports Studies	
		Level 2 Award in First Aid for Sport	
9	<b>Planning and Leading Sports Activities</b>	Level 2 Award in Running Health Related Activity Sessions	Lead Your Generation
		Level 2 Diploma in Active Leisure	
		Level 2 Diploma in Health and Fitness	
		Level 2 Certificate/Diploma/Extended Certificate in Skills for Sport and Active Leisure	
		Level 2 Award in Sports/Community Sports Leadership	
		Level 2 Certificate/Diploma in Increasing Participation in Sport and Active Leisure in Community Settings	
10	<b>Technical Skills and Tactical Awareness for Sport</b>	Level 2 Certificate/Diploma/Extended Certificate in Skills for Sport and Active Leisure	
		Level 2 Certificate/Diploma in Sport	
11	<b>Psychology for Sports Performance</b>	Level 2 Certificate/Diploma/Extended Certificate in Skills for Sport and Active Leisure	
		Level 2 Certificate/Diploma in Sport	



## LEVEL 3

Unit No.	Unit name	Qualification(s)	Key Stage 5 initiative(s)
1	<b>Principles of Anatomy and Physiology in Sport</b>	Level 3 Certificate/Diploma in Sport	
		Level 3 Diploma in Health and Fitness	
		Level 3 Certificate/Diploma in Personal Training	
		Level 3 Diploma in Exercise, Health and Fitness Studies	
		Level 3 Diploma in Sports Studies	
		Level 3 Certificate/Diploma in Sport and Exercise Sciences	
2	<b>Sports Coaching</b>	Level 3 Diploma in Sports Studies	School Games
		Level 3 Certificate/Diploma in Sport	
3	<b>Current in Issues in Sport</b>	Level 3 Certificate/Diploma in Sport	
4	<b>The Physiology of Fitness</b>	Level 3 Certificate/Diploma in Sport	
		Level 3 Diploma in Sports Studies	
5	<b>Sports Nutrition</b>	Level 3 Award in Nutrition for Physical Activity	
		Level 3 Certificate/Diploma in Personal Training	
		Level 3 Diploma in Exercise Referral	
		Level 3 Diploma in Sports Studies	
		Level 3 Certificate/Diploma in Sport	
6	<b>Psychology for Sports Performance</b>	Level 3 Certificate/Diploma in Sport	
		Level 3 Certificate/Diploma in Skills and Activities for Sport and Active Leisure	
		Level 3 Certificate/Diploma in Sport and Exercise Sciences	
		Level 3 Diploma in Exercise, Health and Fitness Studies	
7	<b>Practical Team Sports</b>	Level 3 Certificate/Diploma in Sport	Sportivate
		Level 3 Diploma in Sports Studies	
8	<b>Sport as a Business</b>	Level 3 Certificate/Diploma in Sport	
		Level 3 Diploma in Sports Studies	
9	<b>Exercise for Specific Groups</b>		Lead Your Generation



## LEVEL 3

Unit No.	Unit name	Qualification(s)	Key Stage 5 initiative(s)
10	<b>Outdoor and Adventurous Activities</b>	Level 3 Diploma in Sports Studies	
11	<b>Practical Individual Sports</b>	Level 3 Diploma in Sports Studies	Sportivate
		Level 3 Certificate/Diploma in Sport	
12	<b>Applied Sport and Exercise Physiology</b>		
13	<b>Leadership in Sport</b>	Level 3 Certificate/Diploma in Sport	Lead Your Generation
		Level 3 Diploma in Sports Studies	
		Level 2 NVQ Certificate in Activity Leadership	
14	<b>Instructing Physical Activity and Exercise</b>	Level 3 Award/Certificate/Diploma in Skills and Activities for Sport and Active Leisure	
		Level 3 Certificate/Diploma in Sport and Exercise Sciences	
		Level 3 Certificate/Diploma in Sport	
		Level 3 Diploma in Sports Studies	
		Level 3 Certificate in Higher Sports Leadership	
15	<b>Sports Injuries</b>	Level 3 Certificate/Diploma in Sport	
		Level 3 Diploma in Exercise, Health and Fitness Studies	
		Level 3 Diploma in Preventing Injuries in Sport and Active Leisure	
		Level 3 Diploma in the Prevention and Management of Sports Injuries	
		Level 3 Diploma in Sports Studies	
16	<b>Analysis of Sports Performance</b>	Level 3 Certificate/Diploma in Sport	
17	<b>Talent Identification and Development in Sport</b>		



# CAMBRIDGE TECHNICALS IN SPORT

## LEVEL 2 AND LEVEL 3

### MAPPING GUIDE



## LEVEL 3

Unit No.	Unit name	Qualification(s)	Key Stage 5 initiative(s)
18	<b>Sport and Exercise Massage</b>	Level 3 Diploma in Sports Studies	
		Level 3 Certificate/Diploma in Sport	
		Level 2 Certificate/Diploma in Skills for Sport and Active Leisure	
19	<b>Organising Sports Events</b>	Level 3 Diploma in Sports Studies	School Games
		Level 3 Certificate/Diploma in Sport	
		Level 2 Certificate/Diploma in Increasing Participation in Sport and Active Leisure in Community Settings	
		Level 3 Diploma in Supporting the Delivery of Physical Education and School Sport	
		Level 3 Certificate in Higher Sports Leadership	
20	<b>Technical and Tactical Skills in Sport</b>	Level 3 Certificate/Diploma in Achieving Excellence in Sports Performance	
		Level 3 Certificate/Diploma in Sport	
21	<b>The Athlete's Lifestyle</b>	Level 3 Certificate in Talented Athlete Lifestyle Support	
		Level 3 Certificate/Diploma in Sport	
22	<b>Assessing Risk in Sport</b>	Level 3 Award/Certificate/Diploma in Sport	
		Level 3 Award/Certificate/Diploma in Increasing Participation in Sport and Active Leisure in Community Settings	
		Level 3 Certificate/Diploma in Sports Development	
23	<b>Fitness Training and Programming</b>	Level 3 Certificate/Diploma in Sport	
		Level 3 Certificate/Diploma in Personal Training	
		Level 3 Diploma in Health and Fitness	
		Level 3 Diploma in Exercise, Health and Fitness Studies	
		Level 3 Diploma in Sports Studies	
24	<b>Sports Development</b>	Level 3 Award/Certificate/Diploma in Increasing Participation in Sport and Active Leisure in Community Settings	
		Level 3 Certificate/Diploma in Sport	



# CAMBRIDGE TECHNICALS IN SPORT

## LEVEL 2 AND LEVEL 3

### MAPPING GUIDE



## LEVEL 3

Unit No.	Unit name	Qualification(s)	Key Stage 5 initiative(s)
25	Fitness Testing for Sport and Exercise	Level 3 Diploma in Sports Studies	
		Level 3 Certificate/Diploma in Sport	
		Level 3 Certificate in Higher Sports Leadership	
26	Work Experience in Sport	Level 3 Certificate/Diploma in Sport	

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