

Qualification title:	OCR Entry 1 Certificate in Life and Living Skills
Qualification number:	501/0976/5 Credit value: 13
An overview of this qualification	This qualification will support you in developing the skills and understanding you will need to operate independently in life, learning and work. This qualification is unit-based, which allows you to work towards individual units to gain credits towards the full qualification.
	To achieve this qualification you must achieve a total of 13 credits. You and your centre will be able to select units from a range of areas which best meet your needs and interests and will help you to progress. The choice of areas at this level include arts and crafts, communication, environment and the community, home management, ICT, numeracy, personal skills and the world of work. There are no mandatory units, allowing you and your centre to select units which are most appropriate to your needs and future plans.
	Each unit is assessed by your centre and moderated by OCR. Your centre will set tasks and help you to collect evidence which shows how you have met the assessment criteria.
	This is a QCF qualification.
Entry requirements	There are no specific entry requirements for this qualification
Age restrictions	This qualification has no age restrictions
Is this qualification right for me?	This qualification may be right for you if you are a learner with a range of needs, including learning difficulties/and or disabilities.
	This qualification is part of a suite which is available in different sizes, which at Entry 1 includes an Award, Extended Certificate and Diploma. This allows you and your centre to choose the most appropriate size to meet your specific needs.
	 This specific size and level of qualification may be right for you if: you need between 115 and 130 guided learning hours of accredited learning within a structured learning programme have different strengths and weaknesses and would benefit from a qualification that allows you to take up to 6 credits from different levels you would like a qualification that allows you to target specific
	 you would like a qualification that allows you to target specific areas of development you are unable to study for a larger qualification such as a Diploma.
How could I progress from this qualification?	The primary purpose of this qualification is to help to prepare you for independent living and playing an active role in your community, as well as helping to cultivate personal development skills needed for further study



	and employment.
	As this qualification forms part of a suite, you can use units already achieved towards a larger size of qualification such as the Entry 1 Diploma in Life and Living Skills. This qualification may also enable progression to further learning such as: • Entry 2 Certificate in Life and Living Skills
	Cambridge Award in English
	Functional Skills
	Essential Skills Wales
	other vocational qualifications.
	This qualification will also help you to develop skills needed for supported employment in jobs at entry level.
Support	This qualification is supported by the following centres:
	Joseph Chamberlain Sixth Form College
	Salford City College
	Learning Concepts
Further information	To find out more about the Entry 1 Certificate in Life and Living Skills please refer to the Centre Handbook available on the OCR website: www.ocr.org.uk/Images/76954-centre-handbook.pdf
	If you have any other queries please contact: vocational.qualifications@ocr.org.uk
About us	OCR is a leading UK awarding body. We provide qualifications which engage people of all ages and abilities at school, college, in work or through part-time learning programmes.
	Our general and vocational qualifications equip learners with the knowledge and skills they need for their future, helping them achieve their full potential.