

Cambridge TECHNICALS LEVEL 3

# HEALTH AND SOCIAL CARE

Cambridge  
TECHNICALS  
2016

Unit 6 – Personalisation and a person-centred approach  
to care

RESOURCE LINKS

Version 1

# CONTENTS

Introduction	3
Links	
Learning Outcome 1 (LO1) Understand personalisation in health and social care	4
Learning Outcome 2 (LO2) Understand what is meant by a person-centred approach to care	5
Learning Outcome 3 (LO3) Understand methods used to implement a person-centred approach	6
Learning Outcome 4 (LO4) Know how to plan and conduct review meetings using a person-centred approach	7

# INTRODUCTION

Resource Links is an e-resource, provided by OCR, for teachers of Cambridge Technicals. It provides descriptions of, and links to, a variety of teaching and learning resources that you may find helpful.

Where appropriate, we have mapped these resources to this OCR unit and Learning Outcomes (LOs), and provided information about their cost and format.

If you know of other resources you would like to see included here, or discover broken links, please let us know. We would also like to hear from you if you have any feedback about your use of these, or other, OCR resources. Please contact us at [resources.feedback@ocr.org.uk](mailto:resources.feedback@ocr.org.uk).

To find out more about this qualification please go to: <http://www.ocr.org.uk/qualifications/cambridge-technicals-health-and-social-care-level-3-certificate-extended-certificate-foundation-diploma-diploma-05830-05833-2016-suite>

Cambridge  
TECHNICALS  
2016

## 2016 Suite

- New suite for first teaching September 2016
- Externally assessed content
- Eligible for Key Stage 5 performance points from 2018
- Designed to meet the DfE technical guidance

## TYPES OF RESOURCE

### OCR Produced Resources

These are resources devised and produced directly by the Resources Development Team at OCR.

### Publisher Partner Resources

For many subjects OCR works with a publisher partner to ensure that good quality resources such as textbooks are available for first teaching.

Whilst the publisher partner has access to our subject experts and we quality check and endorse these resources they are produced by, and remain the property of, the publisher partner. There is no financial link between OCR and its publisher partners and we do not pay for the development of, or receive any royalties from, these resources.

### Endorsed Resources

These resources were produced entirely independently of OCR, but we have quality checked them for their suitability as a resource to support our qualifications.

### Other Resources

Unless specifically stated these resources are completely independently produced and are not endorsed by OCR. We have looked at them though, and we think they could be useful in supporting our specifications.

We leave it to you, as a professional educator, to decide if any of these resources are right for you and your students, and how best to use them.

# LINKS

## What is personalisation?

This video summarises some of the key features of personalisation and describes its benefits to individuals.

**Supports:** LO1

**Cost:** Free

**Format:** Video

<http://www.scie.org.uk/socialcaretv/video-player.asp?guid=EDFF5119-2C47-4F20-B212-ED55B7A384A6>

## Personalisation: A rough guide

This guide includes information which will develop learners' understanding of the key concepts and features of personalisation.

**Supports:** LO1

**Cost:** Free

**Format:** PDF

<http://www.scie.org.uk/publications/guides/guide47>

## Personalisation videos on Social Care TV

Series of videos that explore the impact of personalisation on individuals.

**Supports:** LO1

**Cost:** Free

**Format:** Web page

<http://www.scie.org.uk/socialcaretv/topic.asp?t=personalisation>

## Personalisation case studies

Case studies which explore the impact of personalisation on individuals

**Supports:** LO1

**Cost:** Free

**Format:** Web page

<http://www.communitycare.co.uk/2008/10/21/personalisation-examples-of-the-use-of-direct-payments-and-individual-budgets/>

<http://www.sitra.org/policy-good-practice/personalisation/personalisation-case-studies/> <http://www.kids.org.uk/making-it-personal-case-studies>

## Health and Social Care Act 2012: fact sheets

A series of fact sheets describing the changes to health and social care structures brought about by the Act. The fact sheets contain links to other relevant resources.

**Supports:** LO1

**Cost:** Free

**Format:** Web page

<http://www.gov.uk/government/publications/health-and-social-care-act-2012-fact-sheets>

## Social Care Institute of Excellence *Care Act Presentation*

A video describing the changes brought about by the Care Act 2014.

**Supports:** LO1

**Cost:** Free

**Format:** Video

[www.scie.org.uk/care-act-2014/](http://www.scie.org.uk/care-act-2014/)

### **Fact sheet: Overview of the Care Act**

A brief overview of the implications of the Care Act for adult social care.

**Supports:** LO1

**Cost:** Free

**Format:** PDF

<http://www.skillsforcare.org.uk/Document-library/Standards/Care-Act/learning-and-development/introduction-and-overview/care-act-overview-fact-sheet.pdf>

### **Young person's guide to the Children and Families Act 2014**

This is an accessible guide to the Act produced by HM Government.

**Supports:** LO1

**Cost:** Free

**Format:** PDF

[http://www.gov.uk/government/uploads/system/uploads/attachment\\_data/file/359681/Young\\_Person\\_s\\_Guide\\_to\\_the\\_Children\\_and\\_Families\\_Act.pdf](http://www.gov.uk/government/uploads/system/uploads/attachment_data/file/359681/Young_Person_s_Guide_to_the_Children_and_Families_Act.pdf)

### **The Health Foundation (2014) – Person-centred care made simple**

This guide gives a quick overview of person-centred care.

**Supports:** LO2

**Cost:** Free

**Format:** PDF

<http://www.health.org.uk/sites/default/files/PersonCentredCareMadeSimple.pdf>

### **Health Innovation Network – What is person-centred care and why is it important?**

This guide gives a quick overview of person-centred care.

**Supports:** LO2

**Cost:** Free

**Format:** PDF

[http://www.hin-southlondon.org/system/ckeditor\\_assets/attachments/41/what\\_is\\_person-centred\\_care\\_and\\_why\\_is\\_it\\_important.pdf](http://www.hin-southlondon.org/system/ckeditor_assets/attachments/41/what_is_person-centred_care_and_why_is_it_important.pdf)

### **Co-production in social care: What it is and how to do it**

This guide outlines the principles of co-production.

**Supports:** LO2

**Cost:** Free

**Format:** Web page

<http://www.scie.org.uk/publications/guides/guide51/what-is-coproduction/principles-of-coproduction.asp>

### **Independent Living**

Disability Rights UK factsheet describing what independence and rights mean to individuals with a disability.

**Supports:** LO2

**Cost:** Free

**Format:** Web page

<http://www.disabilityrightsuk.org/independent-living-0>

### **Strong Communities for all**

A Public Health England easy-read guidance document outlining what needs to change in order for communities to be inclusive and competent.

**Supports:** LO2

**Cost:** Free

**Format:** PDF

[http://www.thinklocalactpersonal.org.uk/\\_library/Resources/BCC/Report/ISL155\\_14\\_Strong\\_Communities\\_EasyRead\\_WEB\\_ACC\\_FINAL\\_12Jan2015.pdf](http://www.thinklocalactpersonal.org.uk/_library/Resources/BCC/Report/ISL155_14_Strong_Communities_EasyRead_WEB_ACC_FINAL_12Jan2015.pdf)

### Transforming Social Care: sustaining person-centred support

Report outlining findings from a research project into the barriers to adopting a person-centred approach in health and social care. The report makes suggestions of ways to overcome these challenges.

**Supports:** LO2

**Cost:** Free

**Format:** Web page

<https://www.jrf.org.uk/report/transforming-social-care-sustaining-person-centred-support>

### Social Care Institute for Excellence – e-learning resource: Personalisation, Module 1, sections two and three

Interactive learning resource explaining how a person-centred approach developed and importance of the social model of disability.

**Supports:** LO2

**Cost:** Free

**Format:** Web page

<http://www.scie.org.uk/publications/elearning/personalisation/index.asp>

### Sanderson, H. (2012) *A Practical Guide to Delivering Personalisation: Person-Centred Practice in Health and Social Care*

A book which describes how person-centred practice is necessary to deliver personalisation. It describes the principles of a person-centred approach and introduces tools which can be used to implement person-centred practice.

**Supports:** LO2/LO3

**Cost:** £19.99

**Format:** Book

<http://www.amazon.co.uk/Practical-Guide-Delivering-Personalisation-Person-Centred/dp/1849051941>

### One page profiles

Helen Sanderson Associates blog of 100 examples of one page profiles.

**Supports:** LO3

**Cost:** Free

**Format:** Web page

<https://onepageprofiles.wordpress.com/>

### Social Care TV: *Personalisation for someone with a physical disability*

Stephen talks about living at home with PA support. Hannah's family describe how her support is self-directed despite her limited communication.

**Supports:** LO3

**Cost:** Free

**Format:** Video

<http://www.scie.org.uk/socialcaretv/video-player.asp?guid=91834b9d-26ef-44ba-9055-c9720606edf9>

### Social Care TV: *Challenging behaviour and learning disabilities: Improving services*

A video describing how professionals use a person-centred approach to improve the lives of people who have difficulty communicating. To support Lesson Element 2.

**Supports:** LO3

**Cost:** Free

**Format:** Video

<http://www.scie.org.uk/socialcaretv/video-player.asp?guid=b4260f80-1b05-4a9e-9754-aa39efa2e9c8>

### **Person Centred Planning**

A booklet by SNAP Cymru, a Welsh advocacy organisation, describing how to organise and run a person-centred review meeting.

**Supports:** LO4

**Cost:** Free

**Format:** PDF

<http://www.snappcymru.org/wp-content/uploads/2014/09/PCP-Booklet.pdf>

### **Person-Centred Reviews: Guidance for Schools and other Services**

Wokingham Borough Council guidance about how to organise and run a person-centred review.

**Supports:** LO4

**Cost:** Free

**Format:** PDF

[https://search3.openobjects.com/mediamanager/wokingham/info/files/person-centred\\_reviews\\_-\\_guidance\\_for\\_schools.pdf](https://search3.openobjects.com/mediamanager/wokingham/info/files/person-centred_reviews_-_guidance_for_schools.pdf)

### **Outcome-focused Reviews: A practical guide**

Department of Health guide to the review process. This guide was developed by a group of people with a disability, family carers and people from eight councils with the aim of moving from a traditional review process to a person-centred approach.

**Supports:** LO4

**Cost:** Free

**Format:** PDF

[http://www.thinklocalactpersonal.org.uk/library/Resources/Personalisation/Personalisation\\_advice/OutcomeFocusedReviews2.pdf](http://www.thinklocalactpersonal.org.uk/library/Resources/Personalisation/Personalisation_advice/OutcomeFocusedReviews2.pdf)

### **Person-Centred Reviews**

Description of a person-centred approach to review meetings.

**Supports:** LO4

**Cost:** Free

**Format:** Web page

<http://www.helensandersonassociates.co.uk/person-centred-practice/person-centred-reviews/>



We'd like to know your view on the resources we produce. By clicking on the 'Like' or 'Dislike' button you can help us to ensure that our resources work for you. When the email template pops up please add additional comments if you wish and then just click 'Send'. Thank you.

If you do not currently offer this OCR qualification but would like to do so, please complete the Expression of Interest Form which can be found here: [www.ocr.org.uk/expression-of-interest](http://www.ocr.org.uk/expression-of-interest)

#### **OCR Resources:** *the small print*

OCR's resources are provided to support the teaching of OCR specifications, but in no way constitute an endorsed teaching method that is required by the Board and the decision to use them lies with the individual teacher. Whilst every effort is made to ensure the accuracy of the content, OCR cannot be held responsible for any errors or omissions within these resources. We update our resources on a regular basis, so please check the OCR website to ensure you have the most up to date version.

© OCR 2016 – This resource may be freely copied and distributed, as long as the OCR logo and this message remain intact and OCR is acknowledged as the originator of this work.

OCR acknowledges the use of the following content:

Cover image: Cover image: MichaelJung/Shutterstock.com

Square down and Square up: alexwhite/Shutterstock.com

Please get in touch if you want to discuss the accessibility of resources we offer to support delivery of our qualifications:  
[resources.feedback@ocr.org.uk](mailto:resources.feedback@ocr.org.uk)

We will inform centres about any changes to the specification. We will also publish changes on our website. The latest version of our specification will always be the one on our website ([www.ocr.org.uk](http://www.ocr.org.uk)) and this may differ from printed versions.

Copyright © OCR 2016. All rights reserved.

#### **Copyright**

OCR retains the copyright on all its publications, including the specifications. However, registered centres for OCR are permitted to copy material from this specification booklet for their own internal use.

## **ocr.org.uk/healthandsocialcare** OCR customer contact centre

#### **Vocational qualifications**

Telephone 02476 851509

Facsimile 02476 851633

Email [vocational.qualifications@ocr.org.uk](mailto:vocational.qualifications@ocr.org.uk)

OCR is part of Cambridge Assessment, a department of the University of Cambridge. For staff training purposes and as part of our quality assurance programme your call may be recorded or monitored. © OCR 2016 Oxford Cambridge and RSA Examinations is a Company Limited by Guarantee. Registered in England.

Registered office 1 Hills Road, Cambridge CB1 2EU. Registered company number 3484466. OCR is an exempt charity.

