



RECOGNISING ACHIEVEMENT

**GENERAL CERTIFICATE OF SECONDARY EDUCATION**

**Physical Education**

**B452**

Unit B452: Analysing Lifestyle controlled assessment task

**Controlled assessment  
Analysing Lifestyle Task Research Booklet**

Candidate Forename		Candidate Surname	
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Centre Number						Candidate Number				
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**INSTRUCTIONS TO CANDIDATES**

- Write your name clearly in capital letters, your Centre Number and Candidate Number in the boxes above.
- You should have been given a task induction by your teacher, which provided you with information about conducting the Analysing Lifestyle task before you begin.
- You are allowed a total of **4 hours** to complete any task research and observation for the task.
- The notes which you make in this task research booklet may contain information such as:
  - Data collected; tables; diagrams; photos;
  - Notes summarising research undertaken;
  - Analysing Lifestyle action plan ideas/outlines/diagrams;
  - Reference details for quotes, sources and ideas which the candidate may wish to use in their task production.
- **No part of the task research notes should be a pre-written attempt at the task.**
- You are allowed to word process the task research notes, however only hard copies of these may be taken into the task production session(s). Word processed task research notes will be printed off and checked by your teacher before being taken into the 'task production' session(s).

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