

Please read the instructions printed at the end of this form. One of these sheets, suitably completed, should be attached to the assessed work of each candidate.

<b>Unit Title</b>	<b>Sport leadership</b>		<b>Unit Code</b>	<b>R053</b>	<b>Session</b>		<b>Year</b>		
<b>Centre Name</b>					<b>Centre Number</b>				
<b>Candidate Name</b>					<b>Candidate Number</b>				
<b>Criteria</b>					<b>Teacher Comments</b>			<b>Mark</b>	<b>Page No.</b>
<b>LO1: Know the personal qualities, styles, roles and responsibilities associated with effective sports leadership</b>									
<b>MB1: 1 - 4 marks</b>	<b>MB2: 5 - 7 marks</b>	<b>MB3: 8 - 9 marks</b>							
<b>Outlines a range</b> of different sports leadership roles and responsibilities associated with them.	<b>Describes a range</b> of sports leadership roles and related responsibilities.	<b>Describes a wide range</b> of sports leadership roles and related responsibilities.							
<b>Identifies</b> the styles and personal qualities which relate to leadership roles in sport.	Makes links between different roles and the personal qualities and leadership styles of those who undertake them with <b>some accuracy</b> .	Makes <b>clear and accurate</b> links between different roles and the personal qualities and leadership styles of those who undertake them.							
[1 2 3 4]	[5 6 7]	[8 9]							
<b>LO2: Be able to plan a sports activity session</b>									
<b>MB1: 1 - 4 marks</b>	<b>MB2: 5 – 7 marks</b>	<b>MB3: 8 – 10 marks</b>							
Produces a <b>basic</b> session plan which demonstrates <b>limited</b> consideration of the key requirements for an effective and safe sporting activity session.	Produces an <b>effective</b> session plan which demonstrates <b>appropriate</b> consideration of the key requirements for an effective and safe sporting activity session.	Produces a <b>detailed and comprehensive</b> session plan which demonstrates <b>thorough</b> consideration of the key requirements for an effective and safe sporting activity session.							
Requires <b>some</b> prompting from the teacher in producing the session plan.	<b>Little</b> prompting from the teacher is required in producing the session plan.	The session plan is produced <b>independently</b> .							
Draws upon <b>limited</b> skills/knowledge/understanding from other units in the specification.	Draws upon <b>some relevant</b> skills/knowledge/understanding from other units in the specification.	<b>Clearly</b> draws upon <b>relevant</b> skills/knowledge/understanding from other units in the specification.							
[1 2 3 4]	[5 6 7]	[8 9 10]							

Criteria			Teacher Comments	Mark	Page No.
<b>LO2: Be able to plan a sports activity session</b>					
MB1: 1 - 3 marks	MB2: 4 - 6 marks	MB3: 7 - 8 marks			
<p>Shows a <b>limited awareness</b> of safety considerations. <b>Some</b> teacher support may be required in planning and setting up a suitable risk assessment.</p> <p>Corrective action of risks is <b>basic</b>.</p> <p>Provides a <b>brief outline</b> of emergency procedures related to the facility and equipment to be used in the session.</p>	<p>Shows <b>some understanding</b> of safety considerations, requiring <b>little</b> teacher support in planning and setting up a suitable risk assessment.</p> <p><b>Corrective</b> action of risks is effective.</p> <p>Provides a <b>clear description</b> of emergency procedures related to the facility and equipment to be used in the session.</p>	<p>Shows <b>well developed understanding</b> of safety considerations, planning and setting up a suitable risk assessment <b>independently</b>.</p> <p>Corrective action of risks is <b>considered and effective</b>.</p> <p>Provides a <b>thorough explanation</b> of emergency procedures related to the facility and equipment to be used in the session.</p>			
[1 2 3]	[4 5 6]	[7 8]			
<b>LO3: Be able to deliver a sports activity session</b>					
MB1: 1 - 6 marks	MB2: 7 - 12 marks	MB3: 13 - 18 marks			
<p>Demonstrates <b>limited</b> application of skills and knowledge in delivering a sports activity session.</p> <p>Delivery of the session shows <b>limited</b> application of activity specific knowledge, with <b>little awareness</b> of adaptability as the session progresses.</p> <p>Shows a <b>basic</b> appreciation of safe practice <b>at times</b> during the delivery of the session.</p> <p>Communication skills and motivation techniques are <b>hesitant</b>.</p>	<p>Demonstrates <b>effective</b> application of skills and knowledge in delivering a sports activity session.</p> <p>Delivery of the session shows <b>effective</b> application of activity specific knowledge, with <b>some awareness</b> of adaptability as the session progresses.</p> <p>Shows a <b>clear</b> appreciation of safe practice on <b>most occasions</b> during the delivery of the session.</p> <p>Communication skills and motivation techniques are <b>clear</b>.</p>	<p>Demonstrates <b>advanced</b> application of skills and knowledge in delivering a sports activity session.</p> <p>Delivery of the session shows <b>advanced</b> application of activity specific knowledge. Adapts the session <b>efficiently</b> as it progresses to meet the needs of the participants.</p> <p>Appreciation of safe practice is <b>well developed</b> and evident <b>throughout</b> in both the organisation and supervision of the session.</p> <p>Communication skills and motivation techniques are <b>clear and confident</b>.</p>			
[1 2 3 4 5 6]	[7 8 9 10 11 12]	[13 14 15 16 17 18]			

Criteria			Teacher Comments	Mark	Page No.
LO4: Be able to evaluate own performance in delivering a sports activity session					
MB1: 1 - 6 marks	MB2: 7 - 11 marks	MB3: 12 - 15 marks			
Evaluation of the session is <b>brief</b> .  <b>Some basic</b> positives and/or negatives are <b>identified</b> .  Consideration of the plan for the session, how it was delivered and its overall success is <b>minimal</b> .  Ideas for improvement are <b>limited</b> .	Evaluation of the session is <b>detailed</b> .  <b>Both</b> positive <b>and</b> negative aspects are identified.  <b>Some consideration</b> is given to the plan for the session and how it was delivered in evaluating its overall success.  Ideas for improvement are <b>clear</b> and <b>relevant</b> to the aspects identified.	Evaluation of performance is <b>comprehensive</b> .  <b>Most</b> positive <b>and</b> most negative aspects are identified.  The plan for the session and how it was delivered are <b>fully considered</b> in evaluating its overall success.  Ideas for improvement are <b>insightful</b> and address <b>specific</b> aspects of planning and delivery which have been identified.			
[1 2 3 4 5 6]	[7 8 9 10 11]	[12 13 14 15]	Total/60		
If this is a re-sit, please tick		Session and Year of previous submission		Please tick to indicate this work has been standardised internally	

Please note: This form may be updated on an annual basis. The current version of this form will be available on the OCR website ([www.ocr.org.uk](http://www.ocr.org.uk)).

#### Guidance on Completion of this Form

- 1 One sheet should be used for each candidate.
- 2 Please ensure that the appropriate boxes at the top of the form are completed.
- 3 Please enter *specific* page numbers where evidence can be found in the portfolio, and where possible, indicate to which part of the text in the mark band the evidence relates.
- 4 Circle the mark awarded for each strand of the marking criteria in the appropriate box and also enter the circled mark in the final column.
- 5 Add the marks for the strands together to give a total out of 60. Enter this total in the relevant box.