

## Sport

**R053/URS** 

## OCR J813 Unit R053 Level 1/Level 2 Cambridge Nationals Certificate in Sport Studies Unit Recording Sheet

Please read the instructions printed at the end of this form. One of these sheets, suitably completed, should be attached to the assessed work of each candidate.												
Unit Title Sport lea	dership		I	Unit Code	R053	Session	Jan / June	Year	2	0		
Centre Name							Centre Numb	er				
Candidate Name	•						Candidate Nu	mber				
Criteria						Teacher Comments		s	Ма	Mark		ge o.
LO1: Know the personal qualities, styles, roles and responsibilities associated with effective sports leadership												
MB1: 1 - 4 marks		MB2: 5 - 7 marks	MB3: 8 - 9 marks									
Outlines a range of different sports leadership roles and responsibilities associated with them.		<b>Describes</b> a <b>range</b> of sports leadership roles and related responsibilities.	leaders	bes a wide ran hip roles and re sibilities.								
<b>Identifies</b> the styles and personal qualities which relate to leadership roles in sport.		Makes links between different roles and the personal qualities and leadership styles of those who undertake them with some accuracy.	between qualities		rate links and the personal p styles of those							
	[1 2 3 4]	[5 6 7 ]			[8 9]							
	LC	D2: Be able to plan a sports activity sessi	ion									
MB1: 1 - 4 marks		MB2: 5 – 7 marks		MB3: 8 – 10	marks					ļ		
Produces a <b>basic</b> sessic demonstrates <b>limited</b> co the key requirements for and safe sporting activity	onsideration of an effective y session.	Produces an <b>effective</b> session plan which demonstrates <b>appropriate</b> consideration of the key requirements for an effective and safe sporting activity session.	demons of the ke		on plan which  In consideration  In for an effective							
Requires <b>some</b> promptir teacher in producing the		Little prompting from the teacher is required in producing the session plan.		ssion plan is pro	oduced							
Draws upon <b>limited</b> skills/knowledge/underst other units in the specific		Draws upon <b>some relevant</b> skills/knowledge/understanding from other units in the specification.  [5 6 7]	skills/kn	draws upon <b>re</b> nowledge/under nits in the speci	standing from							

	Teacher Comments	Mark	Page No.		
LC					
MB1: 1 - 3 marks	MB2: 4 - 6 marks	MB3: 7 - 8 marks			
Shows a <b>limited awareness</b> of safety considerations. <b>Some</b> teacher support may be required in planning and setting up a suitable risk assessment.	Shows <b>some understanding</b> of safety considerations, requiring <b>little</b> teacher support in planning and setting up a suitable risk assessment.	Shows well developed understanding of safety considerations, planning and setting up a suitable risk assessment independently.			
Corrective action of risks is <b>basic</b> .	Corrective action of risks is effective.	Corrective action of risks is considered and effective.			
Provides a <b>brief outline</b> of emergency procedures related to the facility and equipment to be used in the session.	Provides a <b>clear description</b> of emergency procedures related to the facility and equipment to be used in the session.	Provides a <b>thorough explanation</b> of emergency procedures related to the facility and equipment to be used in the session.			
[1 2 3]	[4 5 6]	[7 8]			
LO:					
MB1: 1 - 6 marks	MB2: 7 - 12 marks	MB3: 13 - 18 marks			
Demonstrates <b>limited</b> application of skills and knowledge in delivering a sports activity session.	Demonstrates <b>effective</b> application of skills and knowledge in delivering a sports activity session.	Demonstrates <b>advanced</b> application of skills and knowledge in delivering a sports activity session.			
Delivery of the session shows <b>limited</b> application of activity specific knowledge, with <b>little awareness</b> of adaptability as the session progresses.	Delivery of the session shows <b>effective</b> application of activity specific knowledge, with <b>some awareness</b> of adaptability as the session progresses.	Delivery of the session shows advanced application of activity specific knowledge. Adapts the session efficiently as it progresses to meet the needs of the participants.			
Shows a <b>basic</b> appreciation of safe practice <b>at times</b> during the delivery of the session.  Communication skills and motivation	Shows a <b>clear</b> appreciation of safe practice on <b>most occasions</b> during the delivery of the session.  Communication skills and motivation	Appreciation of safe practice is <b>well developed</b> and evident <b>throughout</b> in both the organisation and supervision of the session.			
techniques are <b>hesitant</b> .	techniques are <b>clear</b> .	Communication skills and motivation techniques are clear and confident.			
[1 2 3 4 5 6]	[7 8 9 10 11 12]	[13 14 15 16 17 18]			

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	Criteria	Teacher Comments Man	rk Page No.	
LO4: Be able to	evaluate own performance in delivering a s			
MB1: 1 - 6 marks	MB2: 7 - 11 marks	MB3: 12 - 15 marks		
Evaluation of the session is <b>brief</b> .	Evaluation of the session is <b>detailed</b> .	Evaluation of performance is comprehensive.		
Some basic positives and/or negative are identified.	Both positive and negative aspects are identified.	<b>Most</b> positive <b>and</b> most negative aspects are identified.		
Consideration of the plan for the session, how it was delivered and its overall success is <b>minimal</b> .  Ideas for improvement are <b>limited</b> .	<b>Some consideration</b> is given to the plan for the session and how it was delivered in evaluating its overall success.	The plan for the session and how it was delivered are <b>fully considered</b> in evaluating its overall success.		
	Ideas for improvement are clear and relevant to the aspects identified.	Ideas for improvement are <b>insightful</b> and address <b>specific</b> aspects of planning and delivery which have been identified.		
[1 2 3 4 5	[7 8 9 10 11	[12 13 14 15]		
			Total/60	
If this is a re-sit, please tick	Session and Year of previous submission Ja	n / June 2 0 Please tick to inc	dicate this work has been standardised internally	

Please note: This form may be updated on an annual basis. The current version of this form will be available on the OCR website (www.ocr.org.uk).

## **Guidance on Completion of this Form**

- 1 **One** sheet should be used for each candidate.
- 2 Please ensure that the appropriate boxes at the top of the form are completed.
- 3 Please enter *specific* page numbers where evidence can be found in the portfolio, and where possible, indicate to which part of the text in the mark band the evidence relates.
- 4 Circle the mark awarded for each strand of the marking criteria in the appropriate box and also enter the circled mark in the final column.
- Add the marks for the strands together to give a total out of 60. Enter this total in the relevant box.