

Monday 1 June 2015 – Afternoon

GCSE DESIGN AND TECHNOLOGY Food Technology

A525/01 Sustainability and Technical Aspects of Designing and Making

Candidates answer on the Question Paper.

OCR supplied materials:

None

Other materials required:

None

Duration: 1 hour 30 minutes



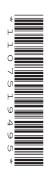
Candidate forename				Candidate surname				
Centre numb	oer				Candidate nu	umber		

INSTRUCTIONS TO CANDIDATES

- Write your name, centre number and candidate number in the boxes above. Please write clearly and in capital letters.
- Use black ink. HB pencil may be used for graphs and diagrams only.
- Answer all the questions in Section A and Section B.
- Read each question carefully. Make sure you know what you have to do before starting your answer.
- Write your answer to each question in the space provided. If additional space is required, you should use the lined pages at the end of this booklet. The question number(s) must be clearly shown.
- Do not write in the bar codes.

INFORMATION FOR CANDIDATES

- The number of marks is given in brackets [] at the end of each question or part question.
- The total number of marks for this paper is **80**.
- Your quality of written communication is assessed in the questions marked with an asterisk (*).
- This document consists of 16 pages. Any blank pages are indicated.



SECTION A

Answer **all** the questions.

You are advised to spend about 40 minutes on this section.

On questions 1 – 5 (circle) your answer.

1	Whi	ch material is biodegradable?	
	(a)	Metal	
	(b)	Glass	
	(c)	Paper	
	(d)	Polystyrene	[1]
2	The	function of iron in the diet is to:	
	(a)	Repair bones	
	(b)	Prevent anaemia	
	(c)	Prevent constipation	
	(d)	Prevent high blood pressure	[1]
3	Usir	ng a plastic carrier bag as a bin liner is an example of:	
	(a)	Primary recycling	
	(b)	Secondary recycling	
	(c)	Tertiary recycling	
	(d)	Chemical recycling	[1]
4	Mar	ny people need to rethink their diet to eat:	
	(a)	More fibre	
	(b)	Less fruit and vegetables	
	(c)	More processed foods	
	(d)	More salt	[1]
5	ETI	stands for:	
	(a)	Ethical trading initiative	
	(b)	Ethical trading institute	
	(c)	Environmental trading institute	
	(d)	Ethical transport initiative	[1]

6 The symbol shown stands for:



				[1]
7	State one way manufacturers encourage consumers to recycle packaging.			[1]
8	Give one reason why consumers are concerned about genetically modified f			[41
9	Name one autumn seasonal vegetable.			[•]
10	State why some consumers do not buy foods containing artificial additives.			[1]
				[1]
	Decide whether the statements below are True or False .			
	Tick (✓) the box to show your answer.	True	False	
11	Paper can be recycled			[1]
12	Raw vegetables cannot be composted			[1]
13	Animal fats contain cholesterol			[1]
14	Organic foods are usually more expensive than economy varieties			[1]
15	We should buy foods with a lot of packaging			[1]

- 16 Consumers are trying to reduce the amount of leftover food they throw away.
 - (a) Complete the chart below to show how the leftover food should be stored.

Leftover food	How it should be stored
Cooked meat	
Scones	

[2]

(b) Fig. 1 shows a list of leftover ingredients.

grated carrots
cooked potato
half a tub of cream cheese
filo pastry
grated cheese
lemon
half an onion
stale sponge cake
chopped strawberries
cooked chicken
stale bread
cooked pasta

Fig. 1

Complete the table below to show how some of the ingredients could be used in ${\bf one}$ sweet and ${\bf one}$ savoury dish.

State any additional ingredients needed.

	Sweet dish	Savoury dish
Name of product		
Ingredient(s) used from the list		
Additional ingredient(s) needed to make the dish		

(c)*	Other than reusing food, explain how consumers can reduce the amount of food they throw away.
	[6]

(d)	Give two reasons why consumers purchase locally produced food.	
	1	
	2	
		[2]
		[-]
(e)	Give two ways a person's culture can affect their choice of food.	
	1	
	2	
		[2]
(f)	Give two reasons why consumers choose to purchase Fairtrade products.	
	1	
	2	
		[2]
		L 4 .

Answer all the questions.

You are advised to spend 50 minutes on this section.

17 (a) Fig. 2 shows the nutritional value per 100 g of three types of milk.

Nutrient	Whole milk	Semi-skimmed milk	Skimmed milk
Energy KJ/KCAL	275 KJ	195 KJ	140 KJ
	66 KCAL	46 KCAL	33 KCAL
Carbohydrate	4.8g	5.0 g	5.0 g
Fat of which:	3.9g	2.7g	0.1 g
Saturated fat	2.5 g	1.0g	0.1 g
Protein	3.2g	3.3g	3.3g
Calcium	115 mg	120 mg	120 mg
Vitamin D	0.3 µg	0.1 μg	Trace

Fig. 2

(i)	State the milk which contains the most fat.
	[1]
(ii)	State one function of fat in the diet.
	[1]
(iii)	Give one reason why the vitamin D content is reduced in the semi-skimmed and skimmed milk.
	[1]
(iv)	State the amount of calcium found in skimmed milk.
	[1]
(v)	Milk is a good source of calcium.
	State one function of calcium in the diet.
	[1]

(b)	Some people are allergic to cows' milk.	
	State two foods containing calcium that a person with an allergy to cows' milk could eat.	
	1	
	2	 [2]
(c)	State two ways the shelf life of milk can be extended.	[-]
	1	
	2	 [2]
(d)	A local dairy wants to develop a new food product.	
	The design specification points for the product are:	
	 include a dairy ingredient suitable for a dessert attractive to children contain a variety of textures 	
	Use labelled sketches and/or notes to design a new product that meets the specification.	
	State clearly how your design meets the specification points.	
	Do not draw any packaging.	
	Name of product	

18 Fig. 3 shows the Eatwell Plate.



Fig. 3

a)	State which two food groups from the Eatwell Plate should be eaten in the largest quantity	ty.
	1	
	2	
		[2
b)	Give two reasons why we should eat less fat.	
	1	
	2	
		[2

(c)*	Discuss the nutritional factors that should be considered when planning meals for a pregnant woman.					
		••••				
		••••				
		••••				
		[6]				
(d)	Pregnant women are at greater risk of food poisoning.					
	State two other groups of people who are at greater risk of food poisoning.					
	1					
	2	 [2]				

(e) Give three hygiene rules which should be followed when preparing food.

1	
2	
3	
	[3]

19 Fig. 4 shows the ingredients used in a pasta bake.

flour margarine milk salt	sauce	pepper pasta cheese tuna onion
		sweetcorn

Fig. 4

(a)	State two methods of sauce making.	
	1	
	2	
	· · · · · · · · · · · · · · · · · · ·	[2]
(b)	Explain the process of gelatinisation which occurs when making a sauce.	
		[2]
(a)	Ctate why a source should be stimed while it is being made	
(C)	State why a sauce should be stirred while it is being made.	
		F4 1

(d) During the development of a pasta bake, sensory analysis testing takes place. Give **four** procedures that should be followed when completing a sensory analysis test.

One example has been given.

	Have a quiet area so people are not disturbed.
1	
2	
3	
4	
5	

(e) A product specification will be produced before the pasta bake is manufactured.

Explain what is meant by the term product specification.

(1)	Describe how a microwave oven works.		
	[3		
(g)	State where a cook-chill pasta bake should be stored.		
	[1		

END OF QUESTION PAPER

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ADDITIONAL ANSWER SPACE

If additional answer space is required, you should use the following lined page(s). The question number(s) must be clearly shown in the margins.			
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•••••			

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