

Level 3 Cambridge Technical in Health and Social Care

05830/05831/05832/05833/05871

Unit 2: Equality, diversity and rights in health and social care

Wednesday 11 January 2017 – Afternoon

Time allowed: 1 hour 30 minutes

You must have:

- none

First Name						Last Name					
Centre Number						Candidate Number					
Date of Birth											

INSTRUCTIONS

- Use black ink.
- Complete the boxes above with your name, centre number, candidate number and date of birth.
- Answer all the questions.
- Write your answer to each question in the space provided.
- Additional paper may be used if required but you must clearly show your candidate number centre number and question number(s).

INFORMATION

- The total mark for this paper is **60**.
- The marks for each question are shown in brackets [].
- Quality of extended responses will be assessed in questions marked with an asterisk (*).
- This document consists of **12** pages.

FOR EXAMINER USE ONLY	
Question No	Mark
1	/10
2	/15
3	/10
4	/15
5	/10
Total	/60

Answer **all** the questions.

- 1 Following an inspection, Beach View Adult Nursing Home has been graded as 'Outstanding' by the Care Quality Commission (CQC).

Read the extract below taken from the inspection report, then answer question 1(a).

Residents told us they enjoyed the food and were provided with suitable amounts of food and drink of their choice.

A flexible approach to mealtimes was used to ensure residents could access suitable amounts of food and drink that met their individual preferences. This helped residents to maintain healthy weights.

Health care professionals were contacted when additional support and help was required to ensure resident's health care needs were met.

Beach View - Outstanding Inspection Report

- (a) Which **three** of the following are examples of good practice during meal times at Beach View Adult Nursing Home?

Tick **three** boxes only.

To promote equality all residents have the same food at mealtimes.

Staff offer privacy to those who have difficulties eating; for example they can eat their meal in their own room.

At dinner residents are encouraged to restrict their fluid intake, this helps the residents avoid having to make toilet visits during the night.

Relatives and friends are discouraged from visiting during meal times.

Meal times are:
breakfast 8 – 8.45am, lunch 12 – 12.45pm, dinner 6 – 6.45pm

Residents are provided with paper serviettes, rather than bibs, to protect clothing.

Staff make sure all food provided is soft and does not require much chewing, because some residents have difficulties with chewing and swallowing.

Staff make sure food is available and accessible between mealtimes.

[3]

(b) State **three** ways that national quality assurance initiatives, such as Care Quality Commission inspections, can help to improve practice in health and social care services.

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[3]

(c) Give **two** ways that staff could maintain confidentiality at Beach View Adult Nursing Home.

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2.....

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[2]

(d) Identify **two** values of care, other than confidentiality, that staff at Beach View Adult Nursing Home should apply in their day-to-day work.

1.....

2.....

[2]

- 2 Dharshini is 4 years old. At nursery school she is very quiet and withdrawn. Her teacher has noticed that she avoids playing and talking with some of the children in her class.

(a) How should the nursery teacher respond to this situation? Choose the **three** most appropriate actions from the list below.

Tick **three** boxes only.

- Consult with a senior member of staff to check how to deal with the situation – the other children might be bullying Dharshini.
- Ask all the nursery school staff to observe Dharshini to make sure she is ok.
- Tell Dharshini that she needs to be more outgoing and play with the other children.
- Have an informal chat with Dharshini to find out if there is anything worrying her.
- Phone Dharshini's parents to discuss the situation.
- Make Dharshini take part in group activities to help improve her social skills.
- Record the behaviours in a private diary.
- Wait to see if she gets better – she is probably just going through a 'quiet phase'.

[3]

(c)* It has been found that Dharshini is being bullied by children in her class.
Describe **one** way that the nursery staff could challenge this discriminatory behaviour.

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[4]

- 3 Key aspects of current legislation are listed in the table below. Match each key aspect with the correct piece of legislation.

Choose the legislation from the list of options numbered 1-8 below the table.

Write your chosen number in the answer column.

Each option may be used once, more than once, or not at all.

Key aspects of current legislation Choose an answer from the list of options below		Answer number
(a)	Local authorities have a primary responsibility to promote individual wellbeing.	
(b)	All adults have the right to make their own decisions.	
(c)	Encourages partnership working, information should always be shared between agencies.	
(d)	Individuals have the right to find out what information organisations store about them.	
(e)	Brought together previous legislation that protected people from discrimination.	
(f)	Empowers and protects vulnerable people who are unable to make their own decisions.	
(g)	Identifies nine protected characteristics.	
(h)	Staying safe, being healthy, enjoying and achieving, make a positive contribution and economic well-being are universal ambitions for every child and young person, whatever their background or circumstances.	
(i)	Local clinical commissioning groups are responsible for health service provision.	
(j)	Prohibits both direct and indirect discrimination, harassment and victimisation.	

List of options:

1. The Care Act 2014
2. Children and Families Act 2014
3. The Health and Social Care Act 2012
4. The Equality Act 2010
5. The Mental Capacity Act 2005
6. The Children Act 2004
7. The Data Protection Act 1998
8. The Human Rights Act 1998

[10]

4 Read the following case study, then answer questions 4(a), 4(b) and 4(c)

Martin lives in a small community home with four other people. Martin has multiple learning disabilities and requires full support for both his physical and social/emotional well-being. Let's share a moment with Martin to try and understand what life is like for him.

How I spent my morning!

I was woken up by a staff member at 6:30am as usual. She switched the radio onto Radio One and turned it up nice and loud. She was really helpful and chose my clothes for me. Two carers helped me into the bath and it was very interesting hearing all about the new pub they'd been to. I can't remember the last time I went to a pub so it was good to hear all about it.

So here I am sat in the same seat at the breakfast table. I have sat in this seat for the past ten years – I have never complained so I must like it? I wait for half an hour for the others to join me and have my usual breakfast of Weetabix. The toast looks nice. I wonder what it tastes like?

I drink my lukewarm tea – I am not able to have a hot cup because of something called a risk assessment, although I am not sure what that means. It must be important.

After breakfast I sit in the lounge and watch television. News Today must be my favourite programme because I watch it at the same time every morning. Most of my days are like this. I would like to go out and meet more people, but I know it is difficult for the staff as they are really busy.

Adapted from: <http://www.brandontrust.org/media/61383/i-am-not-a-task.pdf>

(a) Give **three** examples of discriminatory practice from the case study above.

- 1.....
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- 2.....
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- 3.....
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[3]

(b) Identify **three** rights that have not been maintained for Martin.

1

2

3

[3]

(c)* Explain the possible impact of discriminatory practice on Martin. Use the following headings.

Poor health and well-being

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Disempowerment

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Low self-confidence

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[9]

5 Willowfield Day Centre provides activity sessions and lunch for young people with physical disabilities. The young people who attend are culturally diverse.

(a)* Identify and analyse ways staff at the day centre could promote equality and diversity.

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[7]

(b) Three types of support networks for young people with disabilities are listed below. Give **one** different example of a support provider for each of the networks listed.

Advocacy services

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Support groups

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Informal support

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[3]

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