



Oxford Cambridge and RSA

Friday 12 January 2024 – Morning

Level 1/2 Cambridge National in Child Development

R018/01 Health and well-being for child development

Time allowed: 1 hour 15 minutes



No extra materials are needed.



Please write clearly in black ink. **Do not write in the barcodes.**

Centre number Candidate number

First name(s) _____

Last name _____

INSTRUCTIONS

- Use black ink. You can use an HB pencil, but only for graphs and diagrams.
- Write your answer to each question in the space provided. If you need extra space use the lined pages at the end of this booklet. The question numbers must be clearly shown.
- Answer **all** the questions.

INFORMATION

- The total mark for this paper is **80**.
- The marks for each question are shown in brackets [].
- Quality of extended response will be assessed in questions marked with an asterisk (*).
- This document has **16** pages.

ADVICE

- Read each question carefully before you start your answer.

SECTION A

- 1 (a) Emma is 4 years old. Her father is asked to pick her up from school because Emma is complaining of feeling unwell and has been sick. She is not interested in playing, her appetite is poor, and she feels hot to the touch.

The chart below lists actions that Emma's father could take when he gets home with Emma. Identify and tick (✓) the most appropriate **one**.

Action	Tick (✓) one only
Call 999 and ask for an ambulance	
Make Emma comfortable and check on her regularly	
Make Emma's favourite meal to encourage her to eat	

[1]

- (b) Emma's father takes her temperature. It is 39°C.

Choose **one** word from the list below to complete the sentence which explains what a temperature of 39°C means.

High	Low	Normal
------	-----	--------

A temperature of 39°C means that Emma's temperature is [1]

(c) Emma cannot attend school for a few days.

(i) State **two** ways Emma’s father can meet her **intellectual** needs while she is at home from school.

1

2

[2]

(ii) Explain why it is important that Emma’s **intellectual** needs are met while she is at home from school.

.....

.....

.....

.....

..... [2]

(d) Explain **two** ways Emma’s father can meet her **physical** needs while she is at home from school.

1

.....

.....

.....

2

.....

.....

..... [4]

2 (a) Orla is pregnant and regularly attends the antenatal clinic to see the midwife. During each visit the midwife does a range of routine checks. Two of the routine checks are a blood pressure check and urine test.

(i) Explain why Orla’s blood pressure is checked during each antenatal visit.

.....
.....
.....
..... [2]

(ii) Explain why Orla’s urine is tested during each antenatal visit.

.....
.....
.....
..... [2]

(iii) Name **two** routine checks, other than blood pressure and a urine test, that Orla will have at the antenatal clinic.

1

2

[2]

- 3 (a) Gabi is 9 months old and has just started crawling. Gabi's parents want to make sure Gabi grows up in a safe environment. They saw an advert for a stair/baby gate that said:

'When your baby is on the move, a stair/baby gate will be one of the most useful pieces of nursery kit you'll buy'.

Explain how using a stair/baby gate will help keep Gabi safe.

.....

.....

.....

..... [3]

- (b) Gabi's parents checked for the safety label on the stair/baby gate before they bought it. Below is a picture of the safety label found on the stair/baby gate.



- (i) State the name of this safety label.

..... [1]

- (ii) Explain what this label means.

.....

.....

..... [2]

- (iii) Name **one** other safety label that should be found on the stair/baby gate.

..... [1]

(c) Gabi needs an environment that provides positive conditions for their development.

Complete the table by giving an example of how each condition for development can be provided by Gabi's parents.

The first one has been done for you.

Condition for development	Example of how each condition for development can be provided by Gabi's parents
Routine	Putting Gabi to bed at the same time every night
Exercise and fresh air	
Love and security	
Need for boundaries	
Stimulation/opportunities to play	
Warmth	

[5]

(d) Describe **two** ways that Gabi's parents could promote positive behaviour in their child.

1

.....

.....

2

.....

.....

[4]

SECTION B

4 (a) Natural family planning is a method of preventing pregnancy.

(i) Explain how natural family planning can prevent pregnancy.

.....

.....

.....

.....

.....

.....

..... [3]

(ii) Complete the table below by giving **two** different advantages and **two** different disadvantages of using natural family planning as a way of preventing pregnancy.

Advantages of natural family planning	Disadvantages of natural family planning
1.	1.
2.	2.

[4]

5 Below is a picture of non-identical twins in the uterus.



(a) (i) Explain how non-identical twins are conceived.

.....
.....
.....
.....
..... [3]

(ii) Twins are detected when the mother is having a routine scan.

State the full name of the routine scan that detects if the mother is having twins.

..... [2]

(iii) State how many weeks pregnant the mother usually is when this routine scan is done.

..... [1]

(b) Postnatal checks are done on a newborn baby.

(i) A physical examination is done within 72 hours of the baby being born.

Explain why a physical examination is done soon after the baby's birth.

.....
.....
.....
..... [2]

(ii) Another postnatal check is to check the baby's reflexes.

Name **four** reflexes a baby is born with.

1
2
3
4 [4]

(iii) Identify **two** postnatal checks, other than physical examination and reflexes, that are done on a newborn baby.

1
2 [2]

6 (a) Describe what happens during the third stage of labour.

.....
.....
.....
.....
..... [2]

(b) Explain why childhood obesity is becoming increasingly common.

.....
.....
.....
.....
..... [3]

(c) State **two** dangers to a young child who uses the internet without parental guidance or supervision.

1

2 [2]

(d) There are different hazards in the home which can cause a young child to have an accident.

Below is a list of some types of accidents.

Burns Choking or suffocation Drowning Electric shock Falls Poisoning

Complete the table by identifying the type of accident each hazard could cause.

Use the types of accident in the box above.

Use each type of accident once, more than once or not at all.

The first one has been done for you.

Hazard	Type of accident
A window blind cord left loosely hanging	Choking or suffocation
A bottle of bleach left out by the toilet	
A hot drink left on a low table	
A plastic bag left within reach of a child	
A young child left alone in the garden with a pond	
An unprotected plug socket	

[5]

END OF QUESTION PAPER

ADDITIONAL ANSWER SPACE

If additional space is required, you should use the following lined page(s). The question number(s) must be clearly shown in the margin(s).

This section of the page is a large, empty area of lined paper. It features a vertical solid line on the left side, creating a margin. The rest of the page is filled with horizontal dotted lines, providing space for writing answers. The lines are evenly spaced and extend across the width of the page.

A large area of the page is reserved for writing, featuring a vertical solid line on the left side and horizontal dotted lines extending across the page.

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