

Unit Title:	Taking part in daily routine activities
OCR unit number:	M3
Life and Living Skill Area:	Personal Skills
Level:	Entry 1
Credit value:	3
Guided learning hours:	30

Unit purpose and aim

This unit aims to provide learners working at the 'Active Involvement' to 'Application' stages of the Entry 1 Achievement Continuum with the opportunity to demonstrate their ability to recognise and take part in their daily routine activities. Learners may need support in completing the tasks.

Learning Outcomes	Assessment Criteria	Example of ways assessment criteria could be met
The Learner will: 1 Know own daily routine activities	The Learner can: 1.1 Identify activities carried out every day	<ul style="list-style-type: none"> • Show an expectation of a daily routine event for example, reaching for a coat after finishing lunch because an outside break usually follows lunch, turning towards the sink in preparation to wash hands after using the toilet • Indicating an expectation of a daily routine event for example, by collecting the object of reference representing 'home' on hearing the transport arrive; collecting the hairbrush after cleaning teeth ready to brush hair • Using a timetable to show which activities they do every day for example, registration, lunchtime, teeth cleaning
2 Be able to take part in own daily routine activities	2.1 Actively engage in own daily routine activities	<ul style="list-style-type: none"> • Collecting the items required to clean their teeth for example, removing the correct toothbrush and toothpaste from the shelf

Learning Outcomes	Assessment Criteria	Example of ways assessment criteria could be met
		<ul style="list-style-type: none"> Remembering the skills needed in using the canteen for example, standing in a queue and collecting own cutlery Recognising that it is time to change their clothing for example, by sorting the clothes that need washing and putting them in the appropriate place.

Assessment

Assessment of this unit must make use of the Entry 1 Achievement Continuum. Assessors will be required to indicate the stage on the continuum at which the learner has achieved the learning outcome.

This unit spans a range of achievement from **active involvement** to **application stages** on the Achievement Continuum. It may be assessed using any method, or combination of methods, which clearly demonstrate that the learning outcomes and assessment criteria have been met.

The examples provided are just that: learners may demonstrate their ability to meet the criteria in many other ways. Learners are not expected to undertake all these activities in order to meet the assessment criteria.

Evidence requirements

Candidates demonstrate that they can identify and engage in their own daily routine activities this will be reflected in their Record of Assessment and Evidence.

The Record of Assessment and Evidence for this unit must be completed in full and signed by the assessor to confirm the evidence is authentic and meets the requirements of the learning outcomes and assessment criteria. The completed Record of Assessment and Evidence, together with any other appropriate form of evidence, must be submitted for moderation.

Additional information

The following documents must be used to record candidate evidence and their level of achievement on the Entry 1 Achievement Continuum:

- Entry 1 Achievement Continuum
- Record of Assessment and Evidence