

Unit Title:	Developing independent living skills: having your say
OCR unit number:	M5
Life and Living Skills Area:	Personal Skills
Level:	Entry 1
Credit value:	3
Guided learning hours:	30

Unit purpose and aim

This unit aims to provide learners working within Entry 1 (although not usually at the very earliest stages of the level) with the opportunity to have recognised their achievements in relation to developing the sorts of skills which will enable them to exert some control over their own lives.

This unit spans a range of achievement for learners working at the 'Interest' to 'Application' stages of the Entry 1 Achievement Continuum.

Learning Outcomes	Assessment Criteria	Example of ways assessment criteria could be met
The Learner will: 1 Express preferences about their lifestyle	The Learner can: 1.1 Take part in making choices about aspects of their own life	<ul style="list-style-type: none"> Showing that they have a personal preference, for example, by vocalising positively to a particular piece of music; by responding with facial movement to indicate dislike to a particular taste Indicating a request to, for example, use equipment in the sensory lights room; eat a particular cereal for breakfast Communicating a personal choice, for example, where they would like to go at the weekend; who they would like to spend their leisure time with
2 Be involved in decision-making about how to spend their time	2.1 Take part in decision-making about how they spend their time	<ul style="list-style-type: none"> Showing whether they wish to be included in an activity, for example, by moving away from a group activity that they do not want to take part in; by gesturing that they want to smell the vapour again Indicating a request, for

Learning Outcomes	Assessment Criteria	Example of ways assessment criteria could be met
		<p>example, to take part in a particular leisure activity; staying at home rather than going for a walk</p> <ul style="list-style-type: none"> Communicating a personal choice, for example, spending time with friends rather than family; staying in bed because they feel unwell.

Assessment

Assessment of this unit must make use of the Entry 1 Achievement Continuum. Assessors will be required to indicate the stage on the continuum at which the learner has achieved the learning outcome.

This unit spans a range of achievement from the **interest** to **application** stages of the Achievement Continuum. It may be assessed using any method, or combination of methods, which clearly demonstrate that the learning outcomes and assessment criteria have been met.

The examples provided in above are just that: learners may demonstrate their ability to meet the criteria in many other ways. Learners are not expected to undertake all these activities in order to meet the assessment criteria.

Evidence requirements

Candidates must show that they can recognise achievements in relation to developing the sorts of skills which will enable them to exert some control over their own lives this will be reflected in their Record of Assessment and Evidence.

The Record of Assessment and Evidence for this unit must be completed in full and signed by the assessor to confirm the evidence is authentic and meets the requirements of the learning outcomes and assessment criteria. The completed Record of Assessment and Evidence, together with any other appropriate form of evidence, must be submitted for moderation.

Additional information

The following documents must be used to record candidate evidence and their level of achievement on the Entry 1 Achievement Continuum:

- Entry 1 Achievement Continuum
- Record of Assessment and Evidence